



-- Regional Travel News

Old Lighthouse Beach in Buxton #6; Dr. Beach names Ocracoke 'Best Beach'

The lifeguarded beach at **Ocracoke** returns to the top of **Dr. Beach's** list of *10 Best Beaches in America*, a pinnacle it first reached in **2007**. **Dr. Stephen Leatherman** (aka Dr. Beach) officially revealed the **2022** selection on **Wednesday May 25, 2022**, at a gathering on the island famous for its **Blackbeard the Pirate** connection. *"Ocracoke has what people are looking for," Leatherman said. "It has beautiful sand, soft light, and the water's clean and clear. The temperature's in the 70s today, beach-type weather, no jellyfish, no seaweed. Then it has a quaint little village with B&Bs and small, wonderful restaurants."* **Dr. Beach** rates 650 public beaches on 50 criteria, including beach width at low tide, water and sand quality, wildlife, cleanliness and public safety. Of **Old Lighthouse Beach's** selection, **Dr. Beach** explained, *"This lifeguarded beach is the No. 1 surfing spot on the U. S. Atlantic Coast."*

Dr. Beach also enjoys strolling at **Cape Point, Cape Hatteras'** easternmost elbow of land, *"where a long sand spit often exists, making one feel somewhat like Moses because the waves are coming from both directions as you walk along this narrow string of sand in the ocean."* **Visit North Carolina** arranged a satellite media tour in **Ocracoke** today, scheduling 22 interviews to coincide with **Dr. Beach's** announcement. Media pick-up of the **2022 Top Beaches** announcement included **Forbes, CNN, Yahoo, Sky News (U.K.)** and many others.

Source: Visit NC